

SITE SUPERVISOR'S FINAL PROGRESS REPORT

KINE 415 Internship

Name of Intern Student _____

Date of Final Report _____

DIRECTIONS: Please complete and return this final progress report with your assessments indicated. Due the last week of the quarter prior to the exit interview.

INTERN COMPETENCIES	NA	EXCELLENT	GOOD	POOR	VERY POOR
1. ACADEMIC PREPARATION					
<i>Academic Knowledge</i>					
<i>Ethical and Liability Issues</i>					
<i>Community Wellness Programs/Employee/Corporate Health Promotion Programs</i>					
<i>Sports Medicine Program</i>					
<i>Athletic Strength and Conditioning Program</i>					
<i>ACSM Guidelines for Fitness Testing</i>					
<i>AWHP Guidelines for Programs</i>					
<i>Modifications for Special Populations</i>					
<i>Knowledge of Exercise Equipment</i>					
<i>Facility Management</i>					
Other					
2. SKILLS					
<i>Vital Signs (HR, BP, etc.)</i>					
<i>Field Fitness Tests (1.5 mile run, sit-ups, push-ups, sit-reach)</i>					
<i>Submaximal Clinical Fitness Tests (step test, bicycle ergometer, treadmill)</i>					
<i>Group Leadership Skills (aerobics, yoga, stretching, toning)</i>					
<i>Personal Trainer Skills (fitness interpretation, weight training)</i>					

<i>Modified Exercise Programs (diabetes, arthritis, asthma, cardiac, pregnancy, sr adult)</i>					
<i>Program Development Skills (needs assessment, goals, objectives, instruction, evaluation, revision)</i>					
<i>EKG Interpretation</i>					
<i>Sports Medicine (Treatment Modalities - Care of Injuries-Injury Rehabilitation)</i>					
<i>Strength/Conditioning (Develop and Carry Out Individualized Programs)</i>					
<i>3-Site Body Comp.</i>					
<i>7-Site Body Comp.</i>					
<i>Step-Test</i>					
Other:					
INTERN COMPETENCIES (Continued)	NA	EXCELLENT	GOOD	POOR	VERY POOR
3. PROFESSIONAL APPEARANCE					
<i>Positive Attitude, Enthusiastic</i>					
<i>Initiative, Dependable</i>					
<i>Responsible, Honest</i>					
<i>Prepared, Organized</i>					
<i>Sense of Humor, Accepting, Adaptable</i>					
<i>Familiar with Policies and Procedures</i>					
<i>Written Communication Skills</i>					
<i>Oral Communication Skills</i>					
<i>Application of Academic Preparation in the Internship Setting</i>					
Other:					
	NA	EXCELLENT	GOOD	POOR	VERY POOR

SUMMARY OF THE INTERN'S SITE PERFORMANCE. 25% of the intern's final grade

- ____ Excellent - 25%
- ____ Good - 20%
- ____ Poor - 15%
- ____ Very Poor - 10%

Comments Relative to your rating: _____

1. Knowledge _____

2. Skills _____

3. Professional Manner _____

4. Student has completed a minimum of 180 clock hours at internship site. _____

SITE SUPERVISOR'S SIGNATURE _____

SITE AGENCY _____

POSITION _____