# RHONDA GRAFTON BOYD

## **Courses Taught:**

KINE 128: Beginning Golf KINE 206: Adult Fitness Chair

KINE 290: Personal & Community Health KINE 406: Health Aspects of Aging KINE 425: Practicum (Field Supervisor)

FYE 100: First Year Experience



## **Educational Credentials:**

Post-Baccalaureate Certification University of Louisiana; Monroe, LA (Gerontology), 1989

Masters of Education University of Louisiana; Monroe, LA (Health & Physical Education), 1988

Emphasis in Exercise Science

Bachelor of Science Louisiana Tech University; Ruston, LA (Business Administration), 1986

**Emphasis** in Marketing

**Teaching Experience:** 

Instructor Louisiana Tech University, 2002 - present University of Louisiana - Monroe, 1989-1992

### **Professional Experience:**

Kinesiology Social Media Coordinator Louisiana Tech University, 2017 - present Faculty Advisor Pre-Physician's Assistant Club Louisiana Tech University, 2022- present

Adult Fitness Program Director Louisiana Tech University 2007 - 2017 Health Educator Louisiana Tech University

North Central Alliance Partners in Prevention, 2003 - 2008

Executive Director Med Camps of Louisiana, 1998- 2001
Exercise Instructor HCA North Monroe Hospital, 1995-1996
Natatorium Program Coordinator University of Louisiana – Monroe, 1993-1995

## **Selected Presentations:**

- 1. Reeves, C.R. & Boyd, R.G. (2022, April). Louisiana Adult Fitness Program. Presented at the LCIRSA Wellness Expo, Natchitoches, LA.
- 2. Boyd, R.G. & Deal K.L. (2021, March). Service Learning and Adult Populations. Presented at the 2021 University of Louisiana System Virtual Academic Summit.
- 3. Reeves, C.R. & Boyd, R.G. *Comparing Exercise Intensity Measurements for Optimal Results in Aquatic Exercise.* (Accepted presentation for American Alliance for Health, Physical Education, Recreation and Dance National Convention and Expo. April 2013).
- 4. Cicciarella, C., Dornier, L., Boyd, R., & Reeves, C. (2012, March). *Abilities That Predict Fitness in the Elderly*. Poster presentation at the 2012 AAHPERD Convention & Exposition, Boston, MA.
- 5. Hagar, R., George, J., Boyd, R., Reeves, C., and Lockhart, B. (2012, March). *Interval Training and Functional Fitness for Seniors*. Presentation collaboration for the 2012 AAHPERD Convention & Exposition, Boston, MA.
- 6. Boyd, R.G. & Reeves, C.S. (2011, April). *The Dynamic Duo: Strength and Balance Circuits to Prevent Falls.*Presented at the 2011 American Alliance for Health, Physical Education, Recreation and Dance National Convention & Exposition, San Diego, CA.

7. Boyd, R.G. (2009, November). *Your Brain on Alcohol: Alcohol Prevention Lesson Plans for Elementary School through College Using Fatal Vision Goggles.* Presented at the 75<sup>th</sup> Annual Louisiana Association for Health, Physical Education, Recreation and Dance Convention, Baton Rouge, LA.

## **Grants:**

- 1. Louisiana Tech Lagniappe Ladies for \$1651.67 to purchase new equipment for the Adult Fitness Program, 2011.
- Co-Principal Investigator with Dr. Tommy Grafton. Project Northland.
   \$194,100 Federal grant through the Louisiana Department of Health and Hospitals Office for Addictive Disorders. Project Period: 7-1-09/6-30-10.
- 3. Co-Principal Investigator with Dr. Tommy Grafton. Project Northland. \$193,555 Federal grant through the Louisiana Department of Health and Hospitals Office for Addictive Disorders. Project period: 7-1-08/6-30-09.
- 4. Co-Principal Investigator with Dr. Tommy Grafton. Claiborne Parish Partners in Prevention. \$51,104 federal grant through the Louisiana Department of Health and Hospitals Region VII Office for Addictive Disorders. Project period 7-1-08/6-30-09.

#### **Academic Honors & Awards:**

Louisiana Tech Best Teacher, Best Advisor & Most Caring, SGA Student Survey, 2022
University Outstanding Faculty Advisor of the Year, 2021
College of Education Outstanding Faculty Advisor, 2021
Lambda Sigma Honor Society April Teacher of the Month, 2018
Virgil Orr Junior Faculty Award, 2013
Louisiana Association of Health, Physical Education, Recreation and Dance Health Educator of the Year Colleges/Universities, 2013
F. Jay Taylor Undergraduate Teaching Award, 2011
College of Education Outstanding Faculty Advisor, 2010
Department of Kinesiology Outstanding Teaching Award, 2009

## **Certifications:**

Certified in CPR & First Aid

## **Professional Memberships:**

LAHPERD: Louisiana Association of Health, Physical Education, Recreation and Dance